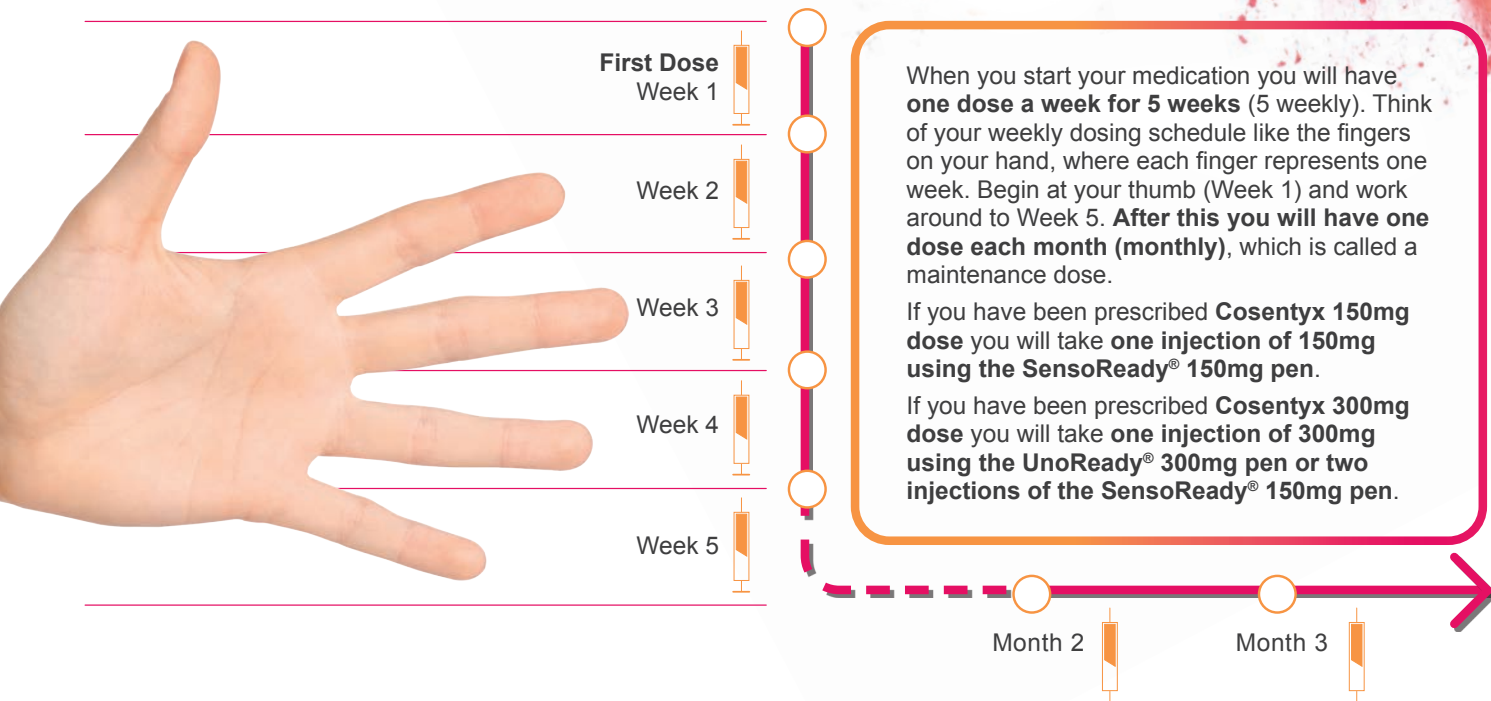


# Dosing Guide

This material is intended for patients who have been prescribed **Cosentyx®** (secukinumab).



When you start your medication you will have **one dose a week for 5 weeks** (5 weekly). Think of your weekly dosing schedule like the fingers on your hand, where each finger represents one week. Begin at your thumb (Week 1) and work around to Week 5. **After this you will have one dose each month (monthly)**, which is called a maintenance dose.

If you have been prescribed **Cosentyx 150mg dose** you will take **one injection of 150mg using the SensoReady® 150mg pen**.

If you have been prescribed **Cosentyx 300mg dose** you will take **one injection of 300mg using the UnoReady® 300mg pen or two injections of the SensoReady® 150mg pen**.

## Who to contact in case of side effects and/or product complaints

If you get any side effects, talk to your doctor, pharmacist or nurse. By reporting side effects, you can help provide more information on the safety of this medicine. You can report side effects directly to HPRA Pharmacovigilance, at [www.hpra.ie](http://www.hpra.ie). Side effects can also be reported to Novartis preferably at [www.novartis.com/report](http://www.novartis.com/report), by emailing [drugsafety.dublin@novartis.com](mailto:drugsafety.dublin@novartis.com) or by calling (01) 2080 612.

# Use this card to remind you of when you need to take your next dose

## Weekly Dosing (Month 1)

Date:

First Dose: Week 1

Date:

Week 2

Date:

Week 3

Date:

Week 4

Date:

Week 5

## Maintenance Period: 1 Dose a Month

Date:

Month 2

Date:

Month 3

Date:

Month 4

Date:

Month 5

Date:

Month 6

Date:

Month 7

Date:

Month 8

Date:

Month 9

Date:

Month 10

Date:

Month 11

Date:

Month 12

Date:

Month 13

Store your boxed pen in a refrigerator between 2° and 8°C. For a more comfortable injection, take the **SensoReady® 150mg pen** out of the refrigerator **15-30 minutes before injecting**, to allow it to reach room temperature. Take the **UnoReady® 300mg pen** out of the refrigerator **30-45 minutes before injecting**, to allow it to reach room temperature.